*Saturday, September 23, 2000 - 10:00 a.m.*

"The measure of loving God is to love without measure."

*-Saint Augustine*

The Medium: "Babuji, what about love?"

*Is there anything more beautiful than love? True love—not that trite word, cited every other minute for no reason at all. It is about a subtle state, uncommon and resulting from an intensive work targeting the cells, the 'neurons'* of the heart and which is carried out slowly, in secrecy. Grace is the driving force of this conquest, which is not won on request. The ground must be prepared and conducive to [receiving] 'the invader'. There is often some resistance, deep roots which must be pulled out to leave room for the beauty and the purity of the place.*

*"This state is enviable; your reaching it must be your priority. Call it and await it as the supreme blessing. Thus you will be among the blessed, living in a mad world, but adorned with an unparalleled grace, putting you out of reach of evil. It will spare you from straying and it will light your road by preparing for you the best way possible for other journeys."*

*Babuji*

* See the book, "The HeartMath Solution" of Doc Childre and Howard Martin.