Friday, November 19, 2004 - 10:00 AM

Fear is visceral. In man, it is insidious, and reason has no real influence on it. Only spiritual openness can curb its harmful effects. To become aware of his true dimension, beyond a physical body and of the continuity of life on other levels, reassures him. Finally he can conceive his life differently and work in the right direction, by minimizing that fear which characterizes humankind wherever a transitory incarnation confines it. Nobody can escape its influence and it cannot really be explained in this world. Only the future life will be able to reveal its causes; the divine laws on this point also, keep their mystery.

"To advance in a spiritual process allows one to consider human weaknesses differently and also, in many circumstances, to overcome them. In spite of appearances, each one has one's own weaknesses and must face up to them.

"In our way, a diligent aspirant grows stronger in relation to these traps hindering his evolution. Let us come back to the notion of confidence towards his Master and surrender in the face of his stature. His attitude is determining; does he really work hard to succeed? He will discover it little by little, by becoming aware of the change taking place in him, even if he cannot truly assess the extent of it. Is he less vulnerable to this fear? Does he control it better? The onus is on him to take stock of that matter and to sensitize himself on this aspect of himself.

"Blessings to all,"

Babuji