Tuesday, December 2, 2003 - 10:00 AM

How could we avoid repeating ourselves? Have you assimilated one tenth of our comments! As each one of these repetitions only reaches a restricted part of your understanding, we strive to present to you our principles in many ways. Given that your process helps you make progress, our comments are likely to be understood. Reading a message is the easiest aspect in this matter, but to which extent does it strike a chord within you? In which frame of mind, and of heart, are you when you read these messages? This aspect is important. There are many ways of reading.

"What is your inner state? Are your worries left aside, your thoughts purified and especially, is your heart open to the divine love, the love of your Master as well as that of your brothers who are engaged in the same struggle, whether they are following a spiritual process or not? Divest yourself of useless aspects. Be receptive and surrender to forces guiding you according to your aspirations. Leave your prejudices aside; do not put barriers between our work and yourself. We end our recommendations there.

"We do not want to impose anything; that is not our purpose. We only intend to draw your attention to an attitude aimed at helping you in your progress. It is bit by bit that we advance, and that your spiritual universe is built, without complicated formulae, without ritual or mantra. You are progressing freely, in your own way; it is your strength and your choice. Be open, receptive and determined.

"The process is very simple; there is no need to add any mental constructions to it, as most human beings like to do, incompetent to follow a genuine way in pursuit of the Absolute. This quest requires a certain inner strength; it seems that you have it."

Babuji