Monday, April 3, 2000 – 9:30 a.m.

Didn't I ask you not to look back anymore. Try not to be offended by this or that remark.

It's time you situate yourself elsewhere. Don't you have better things to do than to waste your energies needlessly. To reach some levels, one's thought must be stripped of the useless, focused solely on the objective to be achieved. Practise tracking down the slightest deviation so that it becomes as pure as crystal. Old habits must be set aside.

Thoughts are the common thread running through this trajectory; they constitute the envelope of the divine fire within you. Everything must be purified to be worthy of it.

The more you advance, the subtler the work becomes. Be well aware of this aspect.

You're facing yourself and you're leading a part of the game, so do what it takes for that.

The Venerable